



## Open Paths Counseling Center's Trainee/Associate Application

Name:

Preferred pronoun (check all that apply): she/her\_\_\_ he/him\_\_\_ they/them \_\_\_

Quarter for which you hope to start practicum (check all that apply):

Winter\_\_\_ Spring\_\_\_ Summer\_\_\_ Fall\_\_\_

If you are a trainee, does your university have COAMFT requirements?: \_\_\_\_\_

Thank you for your interest in training with Open Paths Counseling Center. Open Paths is a nonprofit community counseling center serving individuals and communities who otherwise may not have access to quality mental health services. Your work with Open Paths will make a difference in their lives.

In order to fulfill our obligations to you and to our clients, Open Paths requires the following commitments:

- Minimum of 12 month commitment to the Center
- Commitment to 4 days of orientation in person 9am-1pm at the start of practicum
- Commitment to a 2 hour meeting in person for the first 10 weeks with the Clinical Director
- Be willing to provide 5 sessions in person at our site in Inglewood or at one of our community partner organizations
- Availability on Thursdays between 1-3PM for weekly training
- Willingness to participate in one of our Community Partner Organizations
- Must be in personal psychotherapy during practicum
- Must be willing to co-facilitate a group
- Must be willing to work at least one evening and/or weekend day, if needed

- Open Paths Counseling Center follows the CDC guidelines for COVID protocol: be willing to provide proof of vaccination and be willing to wear a mask in the common areas. For the safety of all, there will be no exceptions

I, \_\_\_\_\_, understand and agree to the commitments required to participate in Open Paths Counseling Center's Clinical Training Program.

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In an effort to ensure an appropriate fit between our training program and your professional development, we would like for you to answer the following questions. All information will be treated in a professional and confidential manner.

1. What interested you in the Open Paths Counseling Center? Are interested in a specific program or a combination of programs? If so, which ones and why?
2. Describe your personal experiences in psychotherapy.
3. How do you feel knowing that your own life experiences will come to bear on your work as a psychotherapist?
4. Do you have a preferred theoretical orientation?

5. What are some of the challenges you might encounter when working with a diverse population? How do you anticipate addressing the intersections of race, ethnicity, gender, sexual orientation, and age? What countertransference might you anticipate and how you would deal with it?

6. Do you speak another language(s) fluently, and if so, what language(s)? What languages, other than English, are you willing to provide therapy in?

7. Do you have a specific population(s) that you are hoping to work with during your practicum placement? Do you have school requirements to work with this, or any other, specific population(s)? If so, what are the requirements?

8. At Open Paths, we serve children, adults, couples, and families. We provide individual, couples, family and group counseling. Is there any segment of our population, or types of services, that you are **not** willing to provide services for?

9. Please discuss your work habits:

Are you able to arrive on time, or do you have a tendency to be late? Are you able to maintain good/professional boundaries, or do you have a tendency to want to give so much of yourself that you have a hard time setting limits? Do you have any difficulty with 'paperwork' such as procrastinating when it comes to writing or any other difficulties that may lead to a delay in timely progress notes?

10. Are you in a graduate program that requires specific hours for COAMFT certification?

Yes\_\_\_\_\_ No\_\_\_\_\_

Unsure\_\_\_\_\_ I looked all over my requirements, and nowhere is this mentioned.

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Signature

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Date